

MENTAL HEALTH SNAPSHOT

Bus Drivers and Subway/Transit Workers



70% of bus drivers report being bullied/harassed.



Transportation workers experience some of the highest rates of anxiety and stress, with customer interactions being a significant contributor.



The possibility of being assaulted on the job is a major work environment stressor.



Sleep problems are common: 44% report almost having an accident while sleepy and 12% have fallen asleep while driving.

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